

## Sandown Parks and Recreation Presents

**SWING RHUMBA MERENGUE  
FOXTROT**

**SHOULDN'T YOUR PLANS FOR 2017  
INCLUDE DOING SOMETHING FUN? IT'S  
THE PERFECT HOLIDAY GIFT TO GIVE  
YOURSELF OR OTHERS!**

**NEW 8-WEEK DANCE SESSION BEGINS  
JANUARY 8TH AND REGISTRATION IS  
OPEN!**



Remember those times the music was playing and you sat on the sidelines tapping your feet and wanting to get out on the dance floor? Remember not feeling confident enough to join the fun? It's time to change things up this winter and to try something new AND fun! Grab a partner (could be anyone: boyfriend, girlfriend, husband, wife, cousin, even Aunt Sue! We don't care...just bring a partner age 16 or older!) and then get busy having some fun in this wildly popular Ballroom Dance session offered by Sandown Parks and Recreation! Now entering its 7<sup>th</sup> year, register before the waiting list thing starts to happen! That's how popular these dance sessions are. Check out the cost of ballroom lessons anywhere else...you'll discover what a bargain you will find conveniently located right in your own backyard. Instructors Bill and Maria will have you out on the dance floor in no time, having fun and feeling confident. Classes are intentionally small so you don't feel lost in the crowd or under pressure. Plenty of fun and instructor guidance here!

A new 8-week Winter Session takes place on Sunday evenings January 8<sup>th</sup> thru March 12<sup>th</sup> with no class on 2/5 or 2/26. Classes are held at the Edward Garvey Recreation Facility located at 25 Pheasant Run Drive in Sandown. Beginner I Session takes place from 5:30-6:15 PM. and will cover an introduction to the Foxtrot, Rhumba, Swing and Merengue. Beginner II class runs 7:30-8:15 PM and expands upon what you learned in Beginner I. Intermediate Class dances 6:30 PM – 7:15 PM. Previous participants will be placed in appropriate class by instructors. Cost is just \$100 per couple for residents and \$110 per couple non-residents. You won't find a better deal on dance lessons anywhere! Deadline to register is Tuesday, Jan. 3<sup>rd</sup> or sooner if full. Should space remain after the deadline you may register by including a \$10 late fee. Class size is limited in order to maximize instructor attention. Please note that no registration is accepted without payment. **(Class may qualify for your Health Savings or Reimbursement Plans. We will provide receipt and Federal Tax ID # if requested for reimbursement by your health plan.)**

Participants will wear a leather soled shoe or a shoe with a smooth, easy- to-glide sole. No rubber soled shoes please. Refunds are issued only if a session does not meet the minimum number of participants. A pro-rated credit is issued if participant has a physician documented health issue.\*\* Classes cancelled due to inclement weather or instructor absence will be made up at the end of the 10-week session. Please note it will be necessary for participants to call the recreation phone line at 887-1872 to check class cancellations on days of inclement weather. Call the rec. office if you want confirmation of your registration. Please check your schedule prior to registering and be familiar with refund policy. Please provide your e-mail address for class communication.

Space is limited and registrations are accepted on a first come basis. Call the recreation office at 887-1872 prior to dropping off or mailing in a registration. You may also contact the recreation office via e-mail: [recreation@sandown.us](mailto:recreation@sandown.us). **After confirming space availability payment must be received within 48 hours or class spot is automatically released.** After confirming space availability, registration and payment may be dropped off in the recreation mailbox located at Town Hall or the drop box at the recreation building, or mailed to: Sandown Recreation, P.O. Box 642, Sandown, NH 03873. Payment is by check or money order only payable to Sandown Recreation. NO CASH is accepted. **Any registration received after Jan 3<sup>rd</sup> by 4 PM, regardless of previous participation, will be accepted on a space availability basis and will incur a \$10 late registration fee.**

**\*\*A documented health reason is written correspondence from your health care provider stating you are unable to participate for health reasons. To protect your privacy we do not ask for a diagnosis, only the statement. A receipt for a doctor visit is not valid. It is the decision of the Recreation Commission regarding pro-rated and credit only refunds. Your request must be made in writing within 2 weeks of illness or injury. If your refund is denied you may appeal the decision in writing and meet with the Commission at its next meeting.**

**SANDOWN PARKS AND RECREATION  
REGISTRATION – BALL ROOM DANCE WINTER SESSION 2017  
Please Return This Form With Your Payment**

- 8 WK Session - \$100 Resident/Couple
- Classes meet on Sunday evenings
- LOCATION: Recreation Facility Sandown
- PAYMENT: Check or money order
- NO PERFUMES OR COLOGNES PLEASE!
- 8 WK Session \$110 Non Resident/Couple
- 01/08/17 thru 03/12/17 (No Class 2/5; 2/26)
- Instructors: Bill & Maria
- NO CASH ACCEPTED
- Leather soled or 'easy glide' footwear

**THERE IS A \$10 LATE FEE FOR REGISTRATIONS RECEIVED AFTER JANUARY 3RD REGARDLESS OF PREVIOUS PARTICIPATION! CLASS FEES ARE NON-REFUNDABLE EXCEPT AS NOTED. PLEASE CONSIDER YOUR SCHEDULE WHEN REGISTERING**

NAME: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

TOWN: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

HOME PHONE: \_\_\_\_\_ CELL: \_\_\_\_\_

EMAIL: \_\_\_\_\_  
(PLEASE PRINT NEATLY. NOTE: WE DO NOT SHARE EMAIL ADDRESSES)

- \_\_\_\_\_ We would like to register for the **BEGINNER I CLASS** **5:30-6:15 PM**
- \_\_\_\_\_ We would like to register for the **BEGINNER II CLASS** **7:30-8:15 PM**
- \_\_\_\_\_ We would like to register for the **INTERMEDIATE CLASS** **6:30-7:15 PM**
- \_\_\_\_\_ I have initialed that I am age 16 or older.
- \_\_\_\_\_ Please contact me if this class is full and if another class is added.
- \_\_\_\_\_ Please send me information via email regarding upcoming recreation activities.
- \_\_\_\_\_ No refund of class fee unless offering is cancelled due to lack of min. # participants

**NOTE: Sandown Recreation is happy to provide a receipt with Federal Tax ID should you wish to submit this class for reimbursement from your Health Savings Plan.**

**WAIVER**

Participation in this sport/activity may involve risk of injury. As a parent/guardian/participant I am aware of these hazards and of the ability to participate. In consideration for participation in this program, I hereby for myself, my heirs, executors, and administrators waive and release all rights and claims against the Town of Sandown, its officers, employees, agents, volunteers, supervisors from all losses, injury, damages, fees, and other expenses, arising out of or in connection with participation in the activity/sport. The above named cannot be responsible for any aggravation or injury caused as a result of pre-existing physical disabilities; including, but not limited to, allergies. The Parks & Recreation Department will be notified of any such special needs or sensitivities in writing prior to enrollment in this program. I understand the cancellation/refund policy of the Parks & Recreation Department. The Department encourages you to carefully consider your schedule prior to registration. This policy is strictly enforced thereafter.

\_\_\_\_\_  
PARTICIPANT #1 SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARTICIPANT #2 SIGNATURE

\_\_\_\_\_  
DATE

**DO NOT WRITE BELOW LINE FOR OFFICE USE ONLY:** \_\_\_\_\_

AMT PAID \_\_\_\_\_ CHECK OR MONEY ORDER # \_\_\_\_\_ RECEIVED BY: \_\_\_\_\_

RESIDENT/NON-RESIDENT \_\_\_\_\_